KANSAS DEPARTMENT OF LABOR www.dol.ks.gov K-ISH 131 (Rev. 3-14)

# **AUDIO-VIDEO LIBRARY LIST**

By category, with descriptions

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The Division of Industrial Safety and Health, Kansas Department of Labor, does not endorse any products or services depicted in the audio-visual materials listed below.

ID# Title Category/Subject

# **ACCIDENT INVESTIGATION**

**D65** 

Accident Investigation – (Complete Training Program) "Accidents will happen." In spite of our best efforts, things do occasionally go wrong. While many accidents seem to happen for obvious reasons, there may be things that contribute to an accident which are not always apparent. That is why it is vital to conduct a thorough accident investigation. This program shows employees steps that are taken in an accident investigation and highlights how important it is for employees to fully cooperate with any inquiry. It also points out that while an investigation's focus is to determine the cause of an accident, the overall goal is to prevent similar accidents from happening again. Topics covered include: the goals of an accident investigation, securing an accident scene, root-cause analysis, the importance of investigative interviews, assisting in an accident investigation, reporting the near misses, the role of policies, equipment and training on accident prevention. (Upon request, a copy of an employee quiz, a comprehensive leader's guide and a training certificate) 13 minutes, 1997.

Commitment to Safety: Safety Orientation; Accident Reporting and Investigation; Safety and Substance Abuse 3-part film, 42 minutes, 1990.

Part 1, <u>Safety Orientation</u>, covers a new employee orientation into safety rules and regulations, which can be confusing and hard to remember. This film helps put safety rules into a cohesive package.

Part 2, <u>Accident Reporting and Investigation</u>, covers seeing and reporting an accident. Reporting an accident and the subsequent investigation can prevent future accidents and injuries.

Part 3, <u>Safety and Substance Abuse</u>, covers the real danger to workers who work with drug abusers and why it is important to everyone that this activity be reported.

### **AIR MONITORING**

Life Saving Through Air Monitoring – This provides a survey of common toxic atmosphere hazards including oxygen deficiency, hydrogen sulfide, carbon monoxide/dioxide. Also covered are general examples of air monitoring techniques, sampling, calibration and how to deal with combustible/toxic gases. Includes questions, answers and PowerPoint slides. 13 minutes. 2009.

### **ALERTNESS**

Safe and Awake – Several examples are given of work accidents that happened due to people's inattention to surroundings. This film makes points for safety with humor. 10 minutes, 1981.

# **ANHYDROUS AMMONIA**

Anhydrous Ammonia – Anhydrous ammonia is used in making many important products, but it can be toxic, even deadly. This program covers the basic facts about the chemical, personal protection and emergency response. How ammonia affects the body, avoiding exposure, and preventing release are among the subjects covered. 22 minutes, 2008.

### **ASBESTOS**

- Asbestos Awareness This dangerous product was commonly used before 1972 and is still found in many products and structures. Exposure can cause deadly disease. Protective measures are absolutely necessary. 9 minutes, 1994.
- <u>Asbestos Awareness</u> Dispel some of the common myths about asbestos by educating your team about Asbestos Containing Materials (ACM) and how to work safety around them. 16 minutes, 2008.
- Asbestos Awareness (Complete Training Program) In August 1994, OSHA issued 29 CFR 1910.1101, "Occupational Exposure to Asbestos." This regulation requires that all employees who could come into contact with materials that might contain asbestos be given appropriate training on working safely in these situations. Because many materials commonly used in buildings for many years (including ceiling tiles, vinyl flooring and wall and pipe insulation) contain asbestos, this means that the regulation applies to virtually every custodial, janitorial and maintenance worker in the country. This Regulatory Compliance kit has been created specifically to educate employees about the dangers of working with materials that may contain asbestos. Class materials include DVD (and upon request a copy of an employee quiz, a comprehensive leader's guide, and a training certificate). 14 minutes.
  - Brake Cleaning Equipment discusses how to reduce exposure to asbestos in the repair of automotive brakes and clutches using enclosures and vacuums. 17 minutes, 1986.

# **BACK INJURIES**

Back in Shape – This film shows the basic anatomy of the back, and ways to prevent injury, as well as recover from injury to the back. Proper posture, both sitting and standing, not overreaching or stretching, and sleeping on a firm mattress can all help

maintain back health. Other measures are proper weight maintenance and exercise. 17 minutes, 1992.

<u>The BACK PACK</u> – A complete back injury prevention video library in one CD. Includes the following segments:

A Bit About Backs – Learn the basics of back care in a fun, entertaining format (three modules, approx. 15 minutes each). (179a -instructor guide available)

On The Road: The Lighter Side of Lifting – This fun, high-energy program takes a realistic look at ways to lift "better" in a variety of work environments (22 minutes).

<u>Back In Step: The Road to Recovery from Back Pain</u> – This innovative program helps those with back pain "make it through the day" by demonstrating safe and effective ways to perform a wide variety of daily activities (60 minutes).

<u>Take Five For Health and Safety</u> – This series of short programs hits the highlights of sitting, standing, lifting, stretching and ergonomics in a fun and entertaining "talk show" format (five modules, approx. 8 minutes each).

<u>Stretching Out At Work</u> – This exciting, upbeat program introduces the audience to stretching in the workplace and offers practical tips for getting started.

D47 Back Safety: Exercise and Ergonomics – They say you never notice the parts of your body until they hurt. This video stresses the importance of back safety and discusses not only the risks involved in everyday body movement, but also the ways to prevent those risks from turning into debilitating injures. The presentation stresses a proactive approach including proper health through exercise and ergonomics. Information is offered on how to properly move through each day without adding undue strain and stress on the body. Viewers will be shown a range of basic stretches as well as other methods and tips for safe and healthy movement. 15 minutes, 2008.

60 <u>Causes and Care of Acute Back Pain</u> – Introduces employees to causes of back injuries, what to do if their backs are injured and how to care for and strengthen their backs. 10 minutes, 1993.

### **BOILERS**

- Case for Safety II This film presents information as though we are watching a news cast. "What you don't know can hurt you." The worst accident in history was the 1865 boiler explosion of the Sultana riverboat on the Mississippi 1,500 died that day, with the death toll reaching 1,800. Modern inspection and equipment help prevent these types of explosions. 11 minutes, 1999.
- 111 <u>Celebrating 100 Years of Boiler Safety in British Columbia</u> This film traces the history of boilers and boiler safety in British Columbia. Points out that one cubic inch of water expands to 1700 cubic inches of steam. A major explosion in Falls Creek, B.C., in 1897 led to boiler inspection beginning in February 1849. 15 minutes, 1996.
- Portrait of a Disaster Boiler Safety Arkansas Boiler Inspection Division. This film details the tragic accident at Star Elementary School, Spencer, OK, in January 1982. Seven were killed and 36 injured when a boiler exploded in the school cafeteria due to improper maintenance and repair. A strong point is made to maintain pressure vessels, to have regular inspections and have repairs and maintenance done properly by trained professionals. 14 minutes, 1992.
- Protection Through Inspection National Board of Boiler and Pressure Vessels Inspectors. We entrust our safety and that of those we love to strangers every day, and are exposed to pressure vessel hazards every day. Boiler inspections prevent accidents by finding problems before they can cause accidents. Gives a summary of the training required to be an inspector. 9 minutes, 1998.

Sentries of Safety – The National Board of Boiler and Pressure Vessel Inspectors.

Pressure vessels have the explosive potential of bombs, and they are everywhere. The Chief Boiler Inspector is the first line defense against these accidents occurring.

11 minutes, 1995.

### **CHEMICALS**

- <u>Chemical Safety Right to Know Definitions of terms are given along with the outlines of labeling requirements and handling of chemicals in the workplace, according to Material Safety Data Sheets. 21 minutes, 1990.</u>
- Chemicals in the Workplace Gives examples of hazardous chemicals. Those who handle these need to do so safely, and Material Safety Data Sheets aid in this. These are required for each chemical in the workplace and give details to aid in the safe handling of the chemical. 15 minutes, 1998.
- Dealing with Chemical Safety This film makes the points that: 1) there is no such thing as a harmless chemical and 2) there is a safe way of handling all chemicals. The form and the amount of exposure to a chemical, among other things, make a difference in the chemicals ability to cause harm. This is a comprehensive evaluation of types of exposures and handling methods. 17 minutes, 1999.
- Guarding the Safety of Your Community This program tells the story of what LEPCs (Local Emergency Planning Committees) do to guard the safety of your community concerning Hazardous Chemicals to prevent and plan the response to accidental or deliberate chemical incidents, which are a part of modern life. 23 minutes, 2002.
- Hazardous Spill Cleanup and Respirator Protection 2-part film, 17 minutes, 1989.

  Part 1, Hazardous Spill Cleanup covers the safe cleanup of hazardous materials of any sort. "Act quickly, and use your head." This film gives a detailed list of what should be done in case of a spill.

  Part 2, Respirator Protection covers the types and uses of respirators, what to use and how to use it.
- Introduction to Process Safety Management This film presents an overview of the 14 elements of process safety management established by OSHA in 29 CFR 1910.119, Process Safety Management of Highly Hazardous Chemicals. This program is designed to introduce the purpose and requirements of process safety management to both new and experienced employees. 12 minutes, 1992.
- Safe Handling of Industrial and Commercial Water Treatment Chemicals This film shows the effects of improperly treated water and how to properly handle chemicals, identifying the hazards, avoiding the hazards, detection of exposure and response in emergency situations. 20 minutes.
- <u>Shelter in Place</u> Protecting yourself and your family from chemical emergencies, not work related. This offering gives five steps to protecting yourself: go inside, close and lock doors and windows, shut off ventilation systems, go into one room and seal it as much as possible and turn on the radio to emergency broadcast station for further information. 19 minutes, 1994.
- Your Part In Safe Chemical Storage, Your Part in Safe Chemical Disposal and Forklift Safety 3-part film, 41 minutes, 1991.
  - Part 1, <u>Your Part in Safe Chemical Storage</u>, gives 10 basic rules for safe storage of chemicals.

Part 2, <u>Your Part in Safe Chemical Disposal</u>, illustrates problems caused by improper chemical disposal, at the workplace and in the home, and outlines proper procedures for both locations.

Part 3, <u>Forklift Safety</u>, gives five basic guidelines for operating a fork lift safely. Points are illustrated with real life enactments of incidents.

# **COLD STRESS**

118 <u>Cold Stress</u> – Gives symptoms of cold stress, including frostbite and hypothermia, and how to help yourself or someone else. Cold stress can affect a person before they are even aware of the problem, so it is important to dress properly for the conditions. Layering and insulation are very important. 8 minutes, 1997.

# **COMPRESSED GAS**

- 3 <u>Compressed Gas Cylinders</u> covers proper handling, storage, labeling and transporting of compressed gas cylinders. 4 minutes, 1997.
- Handling Compressed Gas Cylinders (Complete Training Program) In today's work environment, compressed gas is used for many things: refrigeration, welding, heating and other functions. Compressed gas can be dangerous, and employees who work with it need to know how to handle it properly. Class materials include the DVD (and upon request, a copy of an employee quiz, a comprehensive leader's guide and a training certificate). 12 minutes, 2009.
  - Safety is Not an Option-Hazards of Compressed Gases This film covers the hazards that are inherent in the storage and use of compressed gas cylinders. It details the proper restraint and separation of cylinders the gases contained in these can be flammable, corrosive, explosive or even toxic. 8 minutes, 1985.

# **CONFINED SPACE**

- Confined Space Communication & Awareness Shown are procedures such as risk assessment, entry permit, PPE and requirements for working in confined spaces. Topics covered are: confine space atmosphere, risk assessment, communication, atmosphere testing, equipment and safeguards and permit system. 21 minutes, 2006.
  - Confined Space Entry: A Survival Guide (Part 1) "It didn't have to happen." Confined space accidents are completely avoidable. Your first defense against injury is your mind. Gives definitions and descriptions of confined spaces and how to enter and work in them safely. 22 minutes, 1993.
  - Confined Space Entry: A Survival Guide (Part 2) Explains the permit system and the role of the attendant outside the confined space. This person may be the most vital on the team, and needs to be able to communicate with those in the confined space effectively and get aid when needed. 11 minutes, 1993.
- Confine Space Entry: The Silent Killers English or Spanish. Provides an overview of the types of hazards associated with confined spaces, basic atmospheric testing requirements and related information. The major emphasis of this program is for the attendant. Generally, this person is the least trained, yet has life and death responsibility for those entering the confined space. This program helps the attendant understand his/her responsibilities. 19 minutes, 2009.

- Confined Space Entry: Investigation Two confined space accidents teach employees how to work safely in confined spaces and how they can prevent serious accidents from occurring. The investigation reveals what happened, what went wrong and how these accidents could have been prevented. This DVD covers what to do when things go wrong, four areas to investigate and surviving in a confined space. Offers **English**, **Spanish**, and **Portuguese** language options. 23 minutes, 2007.
- Confined Space Entry: Public Works & Construction This film gives examples of and defines "Confined Spaces," and stresses the need for training to prevent accidents and injury. Program comes with a CD-ROM of written materials, including test questions and answers, which can be printed from your computer. 21 minutes, 2006.
- Confined Spaces, Trenching/Shoring Safety, Underground Location Safety There is no room for error in confined spaces. Defines terms and lists criteria for qualifying area as a confined space. 16 minutes, 2007.

# CONSTRUCTION

- <u>Aerial Lift Safety</u> English or Spanish. Proper donning procedures for body harnesses is discussed, along with the importance of regular equipment inspection and other safety issues related to the use of aerial lifts. 10 minutes, 2009.
- AGC on Solid Ground A Plan for Safe Excavation and Trenching Safety on the job is good business. Cave-in accidents can be prevented. This film offers a summary of OSHA standards, which apply to all jobs, not just the big ones. Planning saves lives. 19 minutes, 1993.
- Powered Hand Tool Safety- From electric sanders to pneumatic jackhammers, powered hand tools are widely used across a huge range of industries. When operated improperly powered hand tools can inflict injuries from minor to life threatening. Topics covered: tool skills, PPE, pneumatic hand tolls, safety essentials, electric hand tools, and dangers of the work environment. 18 minutes, 2006.
- <u>Backhoe/Loader Operations</u> English and Spanish. This film gives general safety practices and operating rules for anyone assigned the job of operating a backhoe loader and explains basic operator maintenance procedures. Included are questions, answers and PowerPoint slides. 9 minutes, updated in August 2008.
- 156 Backhoe Safety, Dump Truck Safety, Truck Safety and Operations
  - Part 1, <u>Backhoe Safety</u> Backhoes are common, versatile and maneuverable. Proper training and personal protection equipment is a necessity, not an option.
  - Part 2, <u>Dump Truck Safety</u> Proper maintenance and pre operation inspections help promote safety. Stop if you notice something wrong during operations and drive professionally.
  - Part 3, <u>Truck Safety and Operations</u> Vehicle backing safety covers prevention of accidents when backing up. Backup alarms are important, as well as mirrors. 16 minutes, 2000.
- 136 <u>Call Before You Dig (AT&T)</u> Overview of all the industries you affect if you cut a transmission cable and the costs charged to you if you cut one. 12 minutes, 1999
- D93 Height Safety Essentials-The consequences of poor height safety practices can result in serious injuries and even death. Evan a fall from a small height can result in serious consequences, decrease productivity and increase cost. Height Safety Essentials provides a training resource to help educate and refresh personnel at all levels. Topics covered: height case studies, risk assessment, scaffolds, fall arrest systems, ladders, and elevated work platforms. 21 minutes, 2006.

- Cave In Response This program trains personnel how to respond safely to a cave in and not become a victim. It was shot with one of the country's premier trench rescue units. If a trenching emergency occurred, would your people know how to handle it safely? DVD offers this video in **English**, **Spanish**, **and Portuguese** language options. 24 minutes, 2007.
- Cave In! Trenching and Shoring Safety Every year about 400 U.S. workers die and 6,400 are seriously injured in trench cave ins. That's why your employees need to understand trench hazards and how to prevent cave ins. Complies with OSHA 1926.650-652. Includes grain size and saturation, cohesion and soil testing and protective systems. 18 minutes, 2007.
- <u>Construction Safety Essentials</u> Construction sites have the potential to be dangerous places. This production will help reduce or even eliminate the risks involved on site. It covers essentials such as housekeeping, working at heights, excavating and public safety. It also examines subjects often taken for granted, such as working in the elements. Don't simple rush into a job. 23 minutes, 2003.
  - <u>Crane Safety Awareness for Site Superintendents</u> Cranes are responsible for 20 percent of fatalities on construction sites. Preplanning saves lives, accidents, time and money. 8 minutes, 1992.
- Cranes, Hoists & Slings Crane and hoist operation is a complex task. A single mistake could cause serious injury and damage property. This DVD is intended for crane and hoist operators, supervisors and any personnel working in the vicinity of cranes or hoists. Topics covered include: working near cranes, identifying and reducing risks, preoperational checks, chains and slings, load assessment and communication signals. 17 minutes, 2006.
  - Emergency Evacuation Procedures Provides an explanation of evacuation procedures and emphasizes the importance of each employee's role in following them. 9 minutes, 1993.
- <u>Entering Confined Spaces</u> Monitoring, safe operating plan, and working with a partner and having attendant available. 9 minutes, 1997.
- Pall Arrest Systems Whether you use a personal fall arrest system every day or only once in your life, this is for certain: the system won't do any good unless it is used property. This film covers the basic ABCs of the fall arrest system (anchor point, body harness and connecting device), how the three components of a personal fall arrest system work together to prevent injures and death, how to properly select, inspect and use fall prevention equipment, how to calculate the fall distance between the anchor point and the maximum elongation of the connecting device, and why it is so important to choose a safe, legal tie-off point. 15 minutes, 1995.
- Fall Protection Falls from any height can cause injury or death. OSHA requires use of fall protection equipment at heights over six feet. This film gives requirements for rails, nets, covers, personal fall arrest systems, and how to use them. Also details the retrieval of fall victims. Contains CD-ROM of written materials, test questions and answers. 19 minutes, 2009.
- Fall Protection Systems Covers the types of fall protection equipment, how to check the systems, and when and where to use them. Wear fall protection equipment and think fall prevention. Causes of falls include: the work environment, equipment and people. 20 minutes, 1992.
- How To Prevent Falls Falls are second only to auto accidents as causes of accidental deaths. This film covers prevention of falls on stairs, ladders and elevated platforms. The number one rule is "Watch your Step." 14 minutes, 1992.

- 142 <u>Inspection, Care and Storage of Slings</u> Goes into detail for checking all types of slings: rope, wire, chain, cable, etc. Covers all aspects of the inspection of slings. 16 minutes, 1999.
- Ladder Safety: A Practical Approach While ladder manufacturers strive to produce the safest ladders possible, a well-made ladder is not enough. This program discusses the basic precautions that will keep employees safe when using ladders and the consequences of failing to follow these safe work practices. Covers how to correctly choose a ladder, what to look for when inspecting a ladder before use, how to property Place and set step and straight ladders, how to stand and work on a ladder properly, why ladders shouldn't be intentionally misused and what unique hazards are posed by multi-function ladders. 19 minutes, 1995.
- D38 <u>Ladder Safety</u> Gives safety rules for the use of step ladders and straight ladders. Shows the proper use and placement of these and other elevated platforms. Contains CD-ROM of written materials, test questions and answers. 4.5 minutes, 2009.
- Rigging Equipment Basics English and Spanish. The materials and techniques used in the three most common types of slings (wire rope, fiber rope and webbing) are presented in this program, along with information on proper selection, maintenance and rigging. Item RIG 001 rigging basics, slings and hitches, wire rope and synthetic web slings, attachments. 20 minutes, 2010.
- Rigging and Lifting with Mobile Construction Equipment Emphasizes the safe handling of equipment on the job is a team effort. This film covers inspecting the machines, inspecting the rigging, analyzing the load, determining the proper rigging and safety strategy. 27 minutes.
- Roofing Contractor Safety (State of Illinois) a very thorough presentation about proper steps to take when setting up for repairs of roofing by contractors. 10 minutes, 1996.
- Safe Crane Operations and Practices Produced with crane operators in mind, this film details safe operating procedures for crane operation and maintenance, including reading the manuals, inspecting the machine, wearing personal protection equipment, testing equipment, checking and rechecking load limits and clearances. Several types of cranes are covered in detail. 112 minutes, 1989.
- Safe Operation of Overhead Cranes Covers operation and maintenance of cranes and is a good training video for crane maintenance that goes into detail on the inspection of overhead cranes. 16 minutes, 1999.
- Scaffold Safety Provides an overview of OSHA requirements for scaffold safety. Scaffolding must be constructed so that it will support a minimum of four times the maximum expected load, the planks must be solid and secure, surrounded by rails, in good repair and free from ice and snow. 7½ minutes, 1997.
- <u>Scaffold and Scaffolding Safety</u> Goes over basic safety rules, tips on how to use scaffolding safely and operating procedures for scaffold use. Includes a CD-ROM with a leader's guide, a written test and other materials. If your employees use scaffolding, this is an essential training tool. 11 minutes, 2009.
- <u>Scaffolding/Training Program</u> A good all around program on scaffolding. Covers all of the OSHA requirements for safe scaffolding and training program. Nine percent of all deaths in construction are related to scaffolding. Erection and disassembling of scaffolding must be supervised by a competent person. 9 minutes, 1997.
- Slips, Trips and Falls (Complete Training Program) Most employees don't give much thought to the prospect of slipping, tripping or even falling on the job. Yet these types of accidents account for more workplace injuries annually than any other accident category. Many of these injuries can be disabling or even fatal. Shows employees the situations that can lead to slips, trips and falls, and what they can do to avoid or prevent

these accidents. Topics covered are: why slips, trips and falls occur, common causes of accidents, potential health effects of resulting injuries, techniques used to avoid injury. the importance of safety shoes, how to fall safety, as well as other subjects. Upon request, a copy of an employee quiz, a comprehensive leader's guide and training certificate are available.

- **D86** Slips, Trips and Falls- Every year, thousands of people are involved in slip and trip accidents and falls from height at work. These incidents are the most common causes of workplace injuries, but are also amongst the most preventable. This program explores the range of factors that contribute to slips, trips and falls, while clearly defining the methods for controlling risks in the workplace. Slips, Trips & Falls is ideal for trainees and employees at all levels, reinforcing and encouraging a pro-active attitude towards safety. Topics covered are: causes of slips & trips, prevention of slips & trips, fall prevention, ladders & stepladders, and case study. 15 minutes. 2010.
- **D44** Shoring Safety – Trains workers on shoring installation according to Appendices C and D of OSHA's Part 1926.65, with filed demonstrations, installations and a detailed explanation of hydraulic and timber shoring systems design installation tables and graphs. 24 minutes, 2008.
- Surviving the Fall: Your Personal Fall Arrest System- You know what they say, "It's not **D84** the fall that gets you, it's the sudden stop." The farther we fall, the more forceful and damaging that sudden stop becomes. In this program, viewers will see fall protection equipment deployed in actual fall events and learn the proper selection and use of these devices. In addition to safe work practices, such as 100% tie-off techniques, emphasis is placed on having a rescue plan in place should a fall occur. Topics to include: how to use and inspect connection devices, body harnesses, and fall-limiting devices properly, as well as calculating total fall distance and prevention of suddenstop injuries. 20 minutes, 2013.
- 103 Take Two: and We'll all Breathe Easier – Don't ignore rules and warnings when dealing with confined spaces – those rules protect you. Take a couple of minutes to think. This is a layman's description of confined spaces. 8 minutes, 1993.
- Trenching and Shoring Operations English or Spanish. If your employees are involved **D51** in the areas of trenching and shoring, then this training video is a necessary part of your safety program. It explains safety rules, working requirements and emergency procedures. OSHA considers excavating to be one of the most hazardous construction jobs, so be sure to give training to ensure your employees work safely on the job. Includes an employee guiz and answer sheet so you can know that your trainees have absorbed the training program. Includes PowerPoint slides. 14 minutes, 2009.

### DIVING

- 174 The Hazards of Diving in Delta P Work Environments – This video recreates actual Delta P (differential pressure) incidents and recommends ways to minimize the risk of Delta P situations. 12 minutes, 2004.
- 172 Underwater Burning – The purpose of this video is to help divers understand the hazards of underwater burning and how to avoid an incident. 11 minutes, 2004.
- 173 Why a 3-Man Crew - This video recreates fatal or near fatal accidents which point out the need of a 3-man dive crew. 18 minutes, 2004.

# **DRIVING**

126 Driver Improvement Programs 5-part training film on defensive driving, 1998. Part 1, Sense Abilities – On a short drive, several hazards are encountered – will

you catch them all? 10 minutes.

- Part 2, <u>Al Wises Up</u> A former drunk driver mends his ways. Two out of every five fatal auto accidents involve alcohol. 10 minutes.
- Part 3, <u>The Best Offense is a Good Defense</u> A carpool driver practices defensive driving in spite of harassment by his riders. 9 minutes.
- Part 4, <u>Ready for Anything</u> This section covers hazards that can be encountered almost every time we drive. 8 minutes.
- Part 5, <u>Choices that Can Change a Life</u> Bad choices produce bad results. Driving choices must be thoughtfully made. 14 minutes.
- Driving Safety The Complete Program (Complete training program) Whether employees just drive to and from work or driving is an important part of their job, everyone should have safety training for the safe operation of motor vehicles. Every year accidents claim the lives of more than 35,000 people on our nation's roadways. Driving is the leading cause of death while working. The video covers: seatbelts and why they must be worn, the importance of creating a safety cushion around your vehicle, how to pass another car on the roadway, driving when it's dark, how to handle adverse weather, what to do in case of a skid or hydroplane and, finally, what to do in case you are involved in an accident. Class materials include DVD (and upon request, a copy of an employee quiz, a comprehensive leader's guide and a training certificate).
- Take Pride in Your Job: Seat Belts Oil field workers and drivers give reasons for wearing seat belts, such as long hours and poor road conditions in a down to earth manner. Good, simple film which makes a very important safety point from a worker's standpoint. 10½ minutes, 2008.

### **ELECTRICAL**

- Arc Flash Safety Awareness Do your employees know how to protect themselves, their co-workers and the workplace from arc flash hazards? Be sure of it with this indepth look at the dangers of arc flash and how best to deal with it. A comprehensive safety program is the first step to compliance with NFPA 70E and OSHA requirements. Covers arc flash hazards, electrical safety, PPE and safe work practices. 18 minutes, 2007.
  - 87 <u>Electrical Hazards: Common Mistakes</u> The three main hazards of working with electricity are electrical shock, fire and explosion. This film shows how to recognize hazards and make corrections. 6 minutes, 1994.
  - 48 <u>Electrical Safety for Non-Electrical Workers</u> This film details how to avoid electrical problems and gives basic term definitions. Shows how shocks occur and how various strengths effect the body. 20 minutes, 1991.
- <u>Electrical Safety in the Workplace</u> The National Fire Protection Association (NFPA) is the leading authority on electrical safety, especially in relation to protecting electrical workers from burn injuries associated with arc blasts. This program provides the 2012 NFPA 70E standard and discusses the dual hazards of electric shock and arc flash with dramatic arc flash footage, full-scale explosions and reenactments of flammable clothing ignition due to arc flash incidents.

Topics include qualified electrical worker requirements, creating an electrically safe working condition, confirming a zero energy state, energized electrical work permits, approach boundaries, incident energy level, arc flash boundaries, hazard risk categories and how to properly dress for arc flash protection. Training guide is available. 26 minutes, 2012.

138 Electrical Safety in the Workplace – Electricity can cause damage to the plant and

equipment, fire and explosion, but most important, injury and death. Covers the types of insulators, conductors and basic terminology. 23 minutes, 1999.

- Electrical Safety: Down to the Wire; Eye Care: About Eye Safety; Housekeeping: It's Everyone's Job. 3-part film, 1991.
  - Part 1, <u>Electrical Safety: Down to the Wire</u>, gives a simple explanation of how electricity travels through wires, explains short circuits and gives several simple rules for prevention of electrical problems.
  - Part 2, <u>Eye Care: About Eye Safety</u>, points out that 70,000 eye injuries are reported each year and that most of them could be prevented. Simple straight-forward rules are given to prevent injury.
  - Part 3, <u>Housekeeping</u>; <u>It's Everyone's Job</u>, shows that bad housekeeping leads to bad results, such as fires, accidents and even theft. Good housekeeping limits these hazards.
- High Impact: Electrical Safety This dynamic program show viewers that a commitment to electrical safety is the key to maintaining an injury-free workplace or even saving one's life. Filled with re-creations of actual accidents from OSHA files, this film has proven to be a highly effective training tool through its scared-straight, graphic nature. Illustrated re-creations are: 10 accidents involving electrical mishaps, unqualified worker causes explosion, failure to communicate accurately and de-energize circuits results in injury, inadequate distance from power lines lead to death, ignorance of proper tool grounding results in death, ignoring safe work practices results in electrocution and rookie mistake leads to shock and injury. 19 minutes, 1995.
  - 21 REC Series on Electrical Utility Safety a 5-part film, 1985.
    - Part 1, <u>Basket Rescue</u> The rescue of an injured electrical line worker from a bucket truck and working safely around electrical power transmission lines. 25 minutes.
    - Part 2, <u>Hand line Rescue</u> Rescue of an electrical lineman by one person from a pole top that has come in contact with a high voltage line. 15 minutes
    - Part 3, <u>Operation Lighten Up</u> The safe use of bucket trucks when working around electrical transmission lines, the load capacity of bucket trucks and the necessity of equipment inspection. 10 minutes.
    - Part 4, <u>Shortcuts for Accidents</u> How experienced linemen can be injured by taking a shortcut and by-passing safety procedures. 12 minutes
    - Part 5, <u>OSHA and the Basket Truck</u> Covers the OSHA regulations on aerial lifts, mechanical equipment and how they apply. 13 minutes.

### **EMPLOYEE SAFETY**

- Understanding Safety at Work- The consequences of poor industrial safety practices can result in serious injury, increased absenteeism, sick days, and even death. An organization can minimize the risk of accidents and incidents occurring by implementing appropriate safe work procedures. Topics covered: risk assessment, housekeeping, hazardous substances, electrical hazards, PPE, noise, slips, trips and falls, confined spaces, fire, outdoor work, and material handling. 24 minutes. 2010.
- Communication Safety Good communication and good sense prevent accidents. This film defines an accident, and a near miss. Be proactive; be sure that the next shift of workers knows about any problems that may have occurred during your shift. 17 minutes, 1999.
- Employee Safety Orientation Update Meets OSHA requirements for training in general hazards regarding proper clothing, machine guarding, accident reporting, etc. 22 minutes, 1999.

- How to Develop & Implement a Safety Program An overview of how to involve everyone from top management down in a safety program. Accidents are preventable and safety make sense (and saves money). Comes with a CD-ROM of written materials that can be printed, including test questions and answers. 8½ minutes, 2009.
- Process Safety: Management English and Spanish. This vital program helps supervisors comply with OSHA's Process Safety Standard (1910.119). It covers crucial compliance information and training requirements. Item CPS001 explanation of the OSHA standard, employee participation, compliance audits, emergency response and follow-up. 18 minutes, 2006.
- Process Safety: Protecting Employees OSHA Spanish and English. A comprehensive employee training program is essential to the safe operation of any process industry facility. A process safety management plan will help your facility avoid tragic incidents that impact your workers and the community. This program takes a close look at the process safety plan. Item CPS004 employee participation, management of change, process hazard analysis, operating procedures, emergency planning and response. 19 minutes, 2004.
  - Safety Shorts General Safety Motivation on any Given Day Provides new ideas on how to cut the rising cost of liability while increasing your company's profits for a minimum expenditure. You'll learn the effects of safety (or lack of it) as it relates to OSHA regulations, workers compensation, law suits, insurance premiums, worker productivity and the profitability of your company. 27 minutes.
  - The Case for Safety A "ghost" teaches worker about safety covers eye protection, spills, fires caused by leaky containers, shocks and other hazards in a humorous manner. This film points out that paying attention to basic safety can change the future. 11 minutes, 1992.
- Work Safety Essentials Good overall coverage of all types of safety situations. A new employee, or a person in a new position, is at high risk to have an accidental injury and needs to be especially aware. This film provides a brief review of basic workplace hazards, such as poor housekeeping, slips, trips and falls, handling hazardous materials, use of electricity, etc. 1997.
- Warehousing & Storage Safety Essentials- Working in the warehousing and storage industry presents a variety of hazards. Collisions between vehicles and pedestrians, MSD's injuries, and slips and trips are amongst the most common causes of time off work and lost productivity. This high impact, induction-style program discusses the range of safety issues in the workplace. It is ideal for personnel at all levels and focuses on the trainee's role in preventing incidents, and the fundamental methods for managing risks at work. Topics covered: workplace safety, traffic & pedestrians, forklifts, loading docks, fire safety, slips & trips, working at height, safe storage, and manual handling & ergonomics. 24 minutes. 2011.

# **ERGONOMICS**

- D58 <u>Carpal Tunnel Syndrome, CTS</u> English or Spanish. Describes carpal tunnel syndrome, gives tips on how to prevent CTS and what employees can do to reduce the effects of these repetitive motion injuries. If your employees perform repetitive tasks, then this training will help alleviate and reduce workplace injuries. Includes questions, answers and PowerPoint slides. 12 minutes. 2009.
- <u>Ergonomics</u> Understand how to recognize and reduce the stress on your body from your daily work environment. This course discusses: musculoskeletal disorders (MSD) and prevention techniques, engineering and administrating controls and motion-based physical, environmental and psychological risk factors. Based on OSHA ergonomic

- guidelines. 20 minutes.
- Ergonomics and YOU Physical stress can cause repetitive cumulate trauma disorders (RCT). Shows ways to position yourself and your work to prevent physical stress.

  18 minutes, 1991.
- 105 Ergonomics for Supervisors Designed to instruct supervisors and team leaders regarding their general responsibilities in a company's ergonomic program. Areas covered are: participating on an ergonomics team, understand the risk factors that can contribute to a cumulative trauma disorder (CTD), recognizing the early symptoms of CTD, modifying the workplace to minimize or eliminate the risk factors and the importance of communicating with employees at all times. 21 minutes, 1995.
- <u>Ergonomics (Health Care)</u> Though this film is written with the health care industry in mind, the points apply to everyone. An ergonomics program is never really completed, as both the people and the work environment change constantly. Four elements leading to a successful program are: identify the current hazards, prevention and control of hazards, implementation of a medical management system and involvement of everyone. Program comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2009.
- Ergonomics in the Workplace This program covers the risk factors that can lead to a cumulative trauma disorder (CTD), the symptoms and causes of common CTDs and the steps that you can take to minimize the risk factors that can lead to cumulative trauma disorders. 18 minutes, 1995.
- 49 <u>Ergonomics Prevention of Cumulative Trauma Disorders</u> Most injures on the job are from repetitive motions (CTD) and most, if not all, can be prevented by moving differently. 20 minutes, 1994.
- 159 <u>Industrial Ergonomics</u> An overview of common ergonomic risks and how to correct these. There are three main causes: awkward posture, repetitive motion and excessive force. Covers common injures and corrective measures. 17 minutes, 2001.
- Personal Protective Equipment; Repetitive Motion Injury: Prevention Is In Your Hands; Disaster Preparedness: What To Do If It Happens 3-part film, 47 minutes, 1990.
  - Part 1, <u>PPE</u> Animals have naturally occurring PPE humans do not. A wide variety of PPE is now available for every part of the body, but none of them work unless we use them.
  - Part 2, Repetitive Motion Injury Adjust the job to you, not you to the job. These injuries effect five million Americans yearly and can be prevented.
  - Part 3, <u>Disaster Preparedness</u> A natural or manmade disaster can strike at any time. We need to know what to do to protect ourselves and others.
- Power Zone Ergonomics (State of Illinois) Ergonomics on the job; the before and after picture of proper ergonomics. 12 minutes, 1996.

### **EYE CARE**

- Understanding Eye Safety at Work-It's extraordinary that thousands of workers suffer eye injuries in the workplace each year, and how easily these accidents could be avoided. This training title covers all aspects of eye safety for employees. Included are 6 interactive case studies re-creating the most common types of eye injuries at work. An action packed training title that will ensure everyone at your workplace understands the importance of eye safety. Topics covered: Case studies, it could happen to you!, PPE (including maintenance and storage), Emergency response, the hierarchy of control. 18 minutes, 2006.
- Electrical Safety: Down to the Wire; Eye Care: About Eye Safety; Housekeeping: It's Everyone's Job. 3-part film, 1991.

- Part 1, <u>Electrical Safety: Down to the Wire</u>, gives a simple explanation of how electricity travels thru wires, explains short circuits, and gives several simple rules for prevention of electrical problems.
- Part 2, <u>Eye Care: About Eye Safety</u>, points out that 70,000 eye injuries are reported each year and that most of them could be prevented. Simple, straightforward rules are given to prevent injury.
- Part 3, <u>Housekeeping: It's Everyone's Job</u>, shows that bad housekeeping leads to bad results, such as fires, accidents and even theft. Good housekeeping limits these hazards.
- <u>Safety Showers & Eye Washes</u> Safety showers and eye wash stations use water to wash away splashed corrosive chemicals. Without this, these chemicals can cause burn damage or blindness. For this reason, it is important to know the location and usage of all showers and eye wash stations. 12 minutes, 1998.
  - 98 <u>Hand and Eye Safety</u> 3-part film, 30 minutes, 1991.
    - Part 1, <u>Hand Safety</u> Injured workers tell their stories, how the injuries occurred and how it changed their lives. Points out common injuries and how they could have been prevented.
    - Part 2, <u>Eye Safety</u> Shows common eye injury causes and the need for personal protection equipment. It needs to be worn, clean and the right kind. Ninety percent of reported eye injuries could be prevented by personal protective equipment. Part 3, <u>Slips and Falls</u>, shows some common slip and fall hazards, all instigated by "Larry," your co-worker, and how they could have been prevented.

### FARM SAFETY

The Wake Up Call – This film deals with the accidents and injuries that can occur in farming and with lawn equipment. Accident victims tell their stories – very graphic. Even a lawnmower can cause terrible injury. This film covers what can happen and ways to prevent it. 16 minutes, 1995.

#### **FIRE**

- Fire Extinguisher Basic Training- Workplace fires can happen at any time. That's why it's important to know what to do when a fire starts- know when and how to fight it and when not to. This program will provide viewers with the basic information they need to react safely in a potentially dangerous situation involving a fire. Topic covered: five classes of fire and the appropriate extinguisher for putting them out, what conditions must be met when deciding when to use a fire extinguisher, how to use the PASS method to extinguish a fire, how to inspect, maintain and store fire extinguishers. 13 minutes
- 76 <u>Fire Extinguisher Safety</u> Introduces employees to the proper steps to extinguishing fires and proper evacuation steps to insure safety and possibly save lives. Having a fire extinguisher does no good if you can't use it properly. Be prepared and informed. 1992.
- Office Building Fire Safety- An office fire can spread quickly, resulting in a large loss of life and damage to property. An organization can minimize the risk and spread of fire by planning for a fire emergency. Topics covered: common fire hazards, fire prevention, fire detection, facing the fire, extinguishing the fire, fire wardens, and evacuation, 18 minutes. 2007
- Fire Safety: Everyone's Job; Rules for Tool Safety; Horseplay is NO JOKE 3-part film, 38 minutes, 1991.
  - Part 1, Fire Safety: Everyone's Job Almost 5,000 people each year die in fires,

and unsafe acts cause most fires. This film shows how to recognize these acts and how to correct them. Provides a check list to prevent fires.

Part 2, <u>Rules for Tool Safety</u> – Tools are used by all of us, everyday and we often don't use proper safety procedures. This film lists safety rules – choose the right tool, inspect it, use it correctly, wear PPE when needed, keep your work area safe, and carry and store tools safely.

Part 3, <u>Horseplay is NO JOKE</u> – Horseplay can kill. It causes 1,000s on injuries on the job each year, along with property damage and deaths.

Using Fire Extinguishers – Explains and illustrates the basic techniques used for putting out or controlling fires using portable extinguishers and the hazards associated with certain types of fire extinguishers and extinguishing agents. 14 minutes, 1987.

# **FIRST AID**

- Burn Emergencies: Prevention and Response Introduces new employees to the potential burn hazards in their work areas, to help them protect themselves and others from burn injuries and to teach them how to act quickly and correctly should a burn emergency occur. 10 minutes, 1993.
- Medical Emergencies In the Workplace I: Life-Sustaining Response Increases employees' awareness of what can happen during a medical emergency and the kind of quick, purposeful action needed when seconds count and a person's life may be in danger. 1992.
- Medical Emergencies In the Workplace II: Emergency First Response Provides the basic information needed to report emergencies and administer first-aid treatment. 17 minutes. 1992.

### FLAG SAFETY/TRAFFIC CONTROL

- Flagging Safety, Small Jobsite Traffic Control, Skin Protection Lists the main responsibilities of flaggers, and points out that the crew relies on the flagger for their safety. The flagger needs to make traffic aware, control traffic speed and represent the company in a profession manner. Stresses basic dress requirements, correct positioning, and use of signs, motions and eye contact. 16 minutes, 2007.
- <u>Traffic Control Flagger Safety</u>. As a flagger, you must make traffic aware, control speed and act as your company representative. A professional appearance gives authority to a flagger. This film gives the basic "how tos" of flagging. The program comes with a CD-ROM of written materials that can be printed, including test questions and answers. 5 minutes, 2000.

# FORKLIFT/TRUCK

- Forklift Safety Essentials- A forklift is a powerful and safe tool when used well by a trained operator. However, forklift safety is often not well understood by many operators and this can increase the risk of accidents. Every year pedestrians and operators are killed and injured as a result of unsafe forklift operation. Topics covered: checking for safety, the operating environment, forklift attachments, refueling & recharging, traveling & traffic controls, lifting and moving loads, parking the forklift. 26 minutes, 2006.
- Forklift 2000 Provides all the academic training requirements on: engineering, technical information, tipover/turnover, operating rules, operator maintenance, etc.

- 50 minutes, 1999.
- Forklift Safety: OSHA Final Rules This film shows basic safety rules to operate and maintain a forklift. It is only legal to operation a folk lift after training. Read the manual, get the training, do an inspection before operation. 17½ minutes, 1998.
- Lifting it Right Intended as a training aid in teaching the correct way to lift vehicles and is geared toward vehicle service technicians responsible for operating automotive lifts. (includes written training kit). 17 minutes, 1996.
- OSHA Regulations for the Forklift Driver This program was developed to teach forklift operators about OSHA regulations and requirements relating to forklift operators. Specifically designed to help ensure that your forklift operators receive the OSHA required training. 18 minutes, 2009.
- Powered Low-Lift Trucks Powered Low-Lift Trucks: Walkie & Walkie/Rider Safety This valuable program reviews training for the powered low-lift trucks that are commonly known as walkies and walkie/riders. The program helps transporter, pallet truck and platform truck drivers comply with the OSHA ruling (1910.178), which includes low-lift trucks. DVD Includes characteristics and load handling with PPE. This DVD offers English, Spanish, and Portuguese language options. 17 minutes, 2007.
- Your Part In Safe Chemical Storage, Your Part in Safe Chemical Disposal, and Forklift Safety 3-part film, 41 minutes, 1991.
  - Part 1, <u>Your Part in Safe Chemical Storage</u>, gives 10 basic rules for safe storage of chemicals.
  - Part 2, <u>Your Part in Safe Chemical Disposal</u>, illustrates problems caused by improper chemical disposal, at the workplace and in the home, and outlines proper procedures for both locations.
  - Part 3, <u>Forklift Safety</u>, gives five basic guidelines for operating a fork lift safely. Points are illustrated with real life enactments of incidents.

#### GENERAL INDUSTRY

- Commitment to Safety; Safety Orientation; Accident Reporting and Investigation; Safety and Substance Abuse 3-part film, 42 minutes, 1990.
  - Part 1, <u>Safety Orientation</u>, covers a new employee orientation into safety rules and regulations, which can be confusing and hard to remember. Helps put safety rules into a cohesive package.
  - Part 2, <u>Accident Reporting and Investigation</u>, covers seeing and reporting an accident. Reporting and accident and the subsequent investigation can prevent future accidents and injuries.
  - Part 3, <u>Safety and Substance Abuse</u>, covers the real danger to workers who work with drug abusers and why it is important to everyone that this activity be reported.
- Communicating For Safety Accidents happen when people do not communicate. Simple rules promote communication: point out hazards, report near misses, pay attention to safety instructions, explain work and safety procedures clearly, keep everyone informed about what you're doing and communicated your positive safety attitude. 1992.
- Fall Arrest Systems Whether you use a personal fall arrest system every day or only once in your life, this is for certain: the systems won't do any good unless it is used property. This film covers: the basic of the ABCs of the fall arrest system (Anchor point, body harness and connecting device), how the three components of a personal fall arrest system work together to prevent injures and death, how to properly select, inspect and use fall prevention equipment, how to calculate the fall distance between the anchor point and the maximum elongation of the connecting device and why it is so

- important to choose a safe, legal tie-off point. 15 minutes, 1995.
- Fire Safety: Everyone's Job; Rules for Tool Safety; Horseplay is NO JOKE \_3-part film, 38 minutes, 1991.
  - Part 1, <u>Fire Safety: Everyone's Job</u> Almost 5,000 people each year die in fires, and unsafe acts cause most fires. This film shows how to recognize these acts and how to correct them. Provides a check list to prevent fires.
  - Part 2, <u>Rules for Tool Safety</u> Tools are used by all of us, everyday and we often don't use proper safety procedures. This film lists safety rules choose the right tool, inspect it, use it correctly, wear PPE when needed, keep your work area safe, and carry and store tools safely.
  - Part 3, <u>Horseplay is NO JOKE</u> Horseplay can kill. It causes 1,000s injuries on the job each year, along with property damage and deaths.
- Heat Stress; Respiratory Safety: The Breath of Life; Working In Confined Spaces 3-part film, 1990.
  - Part 1, <u>Heat Stress</u>, shows ways to combat heat stress, defines heat stress and shows the symptoms, as well as how to protection yourself and others from its effects.
  - Part 2, <u>Respiratory Safety: The Breath of Life</u>, is an overview of respiratory safety and the hazards that effect our lungs both on the job, and at home. This film gives five rules for respiratory safety. Be alert to the hazard use your senses, be informed of the dangers, maintain proper ventilation, use a respirator and practice the buddy system.
  - Part 3, <u>Working in Confined Spaces</u>, defines confined spaces, gives examples, and lists precautions. We face these dangers at home as well as at work, and may be more aware of the dangers at work than at home.
- Warehouse Material Handling 2012- Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 19 minutes, 2010.
- Hidden Scars Covers a 1994 mine cave-in. One person was killed and another injured. The survivor tells the story of his injury and the death of his co-worker and good friend. These two were experienced miners, cleaning up a previous cave-in site. 25:40 minutes, 2001.
- Industrial Safety Intended to introduce new employees to and remind experienced employees of the types of hazards found in industrial facilities, the program also looks at some of the common cause of accidents in the work place and presents some general procedures for responding to an accident or an unsafe condition. 6 minutes, 1992.
- Is It Worth Your Life? This reenactment of an armed robbery in which two people are shot brings home the point that sometimes it is <u>not</u> worth your life. Gives methods of defusing a violent workplace situation. 18 minutes, 1992.
- 13 <u>It's A New Day</u> This films is a profile of Bristol Meyers Company and how it instituted a program to improve the safety in its facility to reduce accidents, reduce workers compensation costs, reduce loss of productivity and increase moral. 19 minutes, 1984.
- Making Healthy Choices; Safety Lifting and Carrying; Skin Care and Safety 3-part film, 45 minutes, 1991.

- Part 1, <u>Making Healthy Choices</u>, points out that making the unhealthy choices in lifestyle can have a negative impact.
- Part 2, Lifting and Carrying, shows how we can lift and carry objects without injury.
- Part 3, Skin Care and Safety, points out that our skin is our largest organ and shows ways to prevent injury. Our skin is our first line of defense against the world around us.
- PowerLift: Lifting Training That Works Most of us have been trained to lift objects with the traditional bend your knees and keep your back straight techniques, but this doesn't work. This method forces us to overuse our knees and legs and our backs still end up bearing the brunt of the load. Dr. Michael Schaefer has recognized the flaws of the conventional lifting technique and developed a safe, easy and stronger lifting position. Covered subjects are: the structure of the back and why back lifting can be so harmful, flaws of the traditional "squat lift" technique, cumulative injury and scar tissue, keeping the spine in a neutral position and basics of the wide stance <u>PowerLift</u>, the four lifts derived from the <u>PowerLift</u> concept: tipping load, tripod lift, golfer's bend and lean-bar lifting techniques, and adding strength and balance to a lift by bridging. 19 minutes, 1995.
- Safety and the Human Factor Points out that technology has changed our lives, but has increased the likelihood of human error. Explains the difference between errors and actual violations of safety issues, along with corrective measures that can be taken. 12 minutes, 1999.
  - Safety is Serious Business with Gallagher A humorous look at a serious subject with the comedian Gallagher, this film would be a good "ice breaker" at a safety meeting or training session. 5 minutes, 1992.
  - <u>Ten Steps to Greater Safety: Working with Hazardous Materials, Seven Steps to Ladder Safety, Protect Your Hearing</u> 3-part film, 1989.
    - Part 1, <u>Working with Hazardous Materials</u>, points out that ignoring safety procedures leads to accidents. Those procedures are in place to protect you and your coworkers. Ten steps are given to improve safety.
    - Part 2, <u>Ladder Safety</u>, shows that ladder accidents are caused by carelessness and not using a ladder correctly. These accidents cause thousands of accidents each year. Gives seven simple steps to prevent these.
    - Part 3, <u>Protect Your Hearing</u>, explains how we hear and how our hearing is injured. Hearing protection is important, every time we are in a loud environment, as hearing loss can be gradual.
- Top 10 OSHA Violations OSHA regulations generally cover physical hazards such as unguarded machinery, broken equipment and similar hazards. Explains each of OSHA/s 10 most often violated standards. Comes with a CD-ROM of written materials, including test questions and answers. 6½ minutes, 2007.
- Training and Education for your Safety & Health Staying a step ahead Produced by the Department of Labor in Washington State. A small company improves its safety program after a fatal accident. Although the regulations quoted are from Washington State, the basic information given applies to everyone. 17 minutes, 1992.

# **GRAIN HANDLING**

- Deadly Dust III Real life survivors of a grain elevator explosion tell their stories. Grain dust is more explosive that gasoline. This film shows the seven conditions that together will cause an explosion and debunks myths about explosions. 22 minutes, 1996.
- 129 <u>Grain Elevator Fumigation</u> Kansas State University, a 2-tape series, each part runs for 16 minutes. 1996.

- Part 1, <u>Grain Fumigation Techniques</u> for grain elevators, shows pest control methods, the types and uses of fumigates for elevators and how they should be used.
- Part 2, <u>Fumigation Safety and Records</u>, points out that the manager is responsible for the safe handling of materials and pesticides and explains recordkeeping, which will be checked by inspectors.

### **GUARDING**

- Accident Prevention Through Equipment Guarding This shows the hazards on machines and where guarding is used to prevent injuries, using protective equipment and emergency stops to prevent injury. 10 minutes, 1994.
- Machine Guarding Machine guarding is intended to keep the moving parts of a machine, along with sparks and heat, away from the worker, thus preventing injury. Guards of several types are discussed in detail. Improper or missing guards are no protection. 6 minutes, 2007.
- <u>Press Brake Safeguarding</u> Illustrates the safeguarding of various products: drill presses, lathes, milling machines, punch presses, gate devices, etc. 18 minutes, 2003.
  - 7 Safe Stacking and Storage, Shortcuts and Body Mechanics 3-part film.
    - Part 1, <u>Safe Stacking and Storage</u>, covers stacking and storage of materials so they won't cause damage or injuries and goes thru the four rules build a safe load, observe proper clearances, consider the shape and consider the contents. 12 minutes.
    - Part 2, <u>Shortcuts</u>, covers the common shortcuts workers take and the results of these shortcuts. 7 minutes.
    - Part 3, <u>Body Mechanics: Preventing Pain and Strain</u>, shows the best way to avoid muscle fatigue, proper bending, lifting, sitting and lifting, the benefits of exercise and toning muscles to prevent injury. Twenty-five percent of on-the-job injuries are the result of improper movement. 12 minutes.
- <u>The Machine Safeguarding People</u> Rockford machine guarding systems. Shows many different types of point of contact safeguards. 10 minutes, 2003
  - Working Safely With Machinery Shows new employees the basics of machine and equipment safety. Four key categories are covered in this tape: preliminary assessment, personal protective equipment, guards and safety devices and maintenance repair. 12 minutes, 1993.

# HAND SAFETY

- 98 <u>Hand and Eye Safety</u> 3-part film
  - Part 1, <u>Hand Safety</u> Injured workers tell their stories, how the injuries occurred and how it changed their lives. Points out common injuries and how they could have been prevented.
  - Part 2, <u>Eye Safety</u>, shows common eye injury causes and the need for personal protection equipment. It needs to be worn, clean and the right kind. Ninety percent of reported eye injuries could be prevented by PPE.
  - Part 3, <u>Slips and Falls</u>, shows some common slip and fall hazards, all instigated by "Larry," your co-worker and how they could have been prevented. 30 minutes, 1991.
- 158 The Essential Elements of Hand Safety Our hands are made up of skin, bones and

soft tissue, all of which are constantly at risk of injury. Our hands are remarkable and should be protected by our being aware of hazards. 16 minutes, 1996.

Work Zone Safety; Preventing Hand Injury; Machine and Equipment Safety a 3-part film, 38 minutes, 1990.

Part 1, <u>Work Zone Safety</u>, covers safety in the area surrounding a worker. Establishing a work zone keeps non-workers away from hazards and identifies the area of worker responsibility. This area can change with the workers location. The film shows how to protect yourself and others from injury.

Part 2, <u>Preventing Hand Injury</u>, points out that our hands are our most valuable tools. Most of the 90,000 hand injuries reported each year could be prevented with the right personal protection equipment, hazard awareness, proper hygiene and first aid.

Part 3, <u>Machine and Equipment Safety</u>, gives the five most common mechanical hazards and how these can be prevented.

# **HAZCOM**

- Hazard Communications Get a better understanding of the importance of container labeling for a safer workplace. Discusses OSHA's Hazard Communication Standard (HCS) and the requirements for a written Hazard Communication Program (HCP). Learn about the four factors of chemical exposure and additional topics such as workplace chemicals, chemical exposure, chemical labeling, Material Safety Data Sheets (MSDS) and methods of controlling physical and health hazards. 16 minutes, 2008.
- Hazard Communications: Right-to-Know Cleaning materials cannot be mixed together, this will create an extremely dangerous situation. Explains the information found on chemical labels, and Material Safety Data Sheets. 9:10 minutes, 1999.
- Hazard Communications 2000/New Millennium/Long Version Covers the definition of hazardous materials, a written HazCom plan and requirements, hazard classification system, routes of entry, MSDS, as well as proper labeling and storage. 26 minutes, 2000.
- HAZCOM HazCom stands for Hazard Communication. HazCom is an information and training standard relating to the use of hazardous chemicals in the workplace. Its purpose is to reduce chemically related injuries and illnesses. These hazardous chemicals must be appropriately labeled, must have a corresponding Material Safety Data sheet, or MSDS, and must be used only by people who have been properly trained. The program covers the following areas: How HazCom works, hazards associated with chemicals, labeling, Material Safety Data Sheets. 15 minutes, 1993.
- <u>HazCom Millennium</u> Gives a great deal of information in a very short time. Explains in detail physical and health hazards caused by chemicals, what these hazards are and how to prevent harm. Also goes into the use of MSDS and PPE. Contains a CD/ROM of print materials for use in a training session. 5½ minutes, 2007.
- 127 Right to Know for Fleet Service Operations Training Program for Fleet Service
  Operations Emphasizes the hazards found in a fleet service operation, but would be
  useful for any business. It gives a general description of hazard communication,
  primarily MSDS and label information. This film explains the information contained of a
  Material Safety Data Sheet and in a container labeling system. All poisons are toxic, but
  not all toxins are poisons. 33 minutes, 1996.
- D87 <u>Material Handling for Industry 2012-</u> Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from

hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 22 minutes, 2010.

# **HAZARD SIGNS**

Safety Signs – Increase awareness of safety signs. The program also explains the meaning of the various colors and pictures used on signs. 10 minutes, 1993.

# **HEAD INJURIES**

Preventing Head Injury – Head injuries are common and most can be prevented by wearing proper head protection where mandated. Examples are in a construction zone, around machinery or while riding a bike, skateboarding, rollerblading or playing baseball. This film goes into different types of headgear and different situations. 11 minutes, 1992.

### **HEALTH**

- Commitment to Safety; Accident Reporting and Investigation; Safety and Substance Abuse 3-part film, 42 minutes, 1990.
  - Part 1, <u>Commitment of Safety</u>, covers a new employee orientation into safety rules and regulations, which can be confusing and hard to remember. This film helps put safety rules into a cohesive package.
  - Part 2, <u>Accident Reporting</u>, covers seeing and reporting an accident. Reporting and accident and the subsequent investigation can prevent future accidents and injuries. Part 3, <u>Safety and Substance Abuse</u>, covers the real danger to workers who work with drug abusers and why it is important to everyone that this activity be reported.
- Medication and Safety Medications, even over-the-counter ones, can definitely effect alertness and ability to function in a safe manner. Ask about side effects of medications and read labels. Follow the advice and instructions correctly. Take the recommended dosage and ask about alternative medication. 13 minutes, 1993.
- Personal Protection, Health Issues, Heat Stress a 3-part film, 18 minutes, 2000. Part
  - 1, <u>Personal Protection</u>, covers the use of PPE, the types and uses of each. Part
  - 2, <u>Health Issues</u>, covers occupational health. This is not a new concept, as toxic materials have always effected the body, but we have ways of dealing with this in a much more effective way.
  - Part 3, <u>Heat Stress</u>, is not uncommon when working in a hot environment. The film gives definitions of the most common and most serious problems occurring from heat stress and what to do to help yourself or another person.

# **HEARING**

Preventing Hearing Loss – Explains how the hearing process works and how being exposed to loud noise without the proper protection can permanently damage hearing. This video also shows you what kinds of hearing protection are available. 11 minutes, 1993.

#### **HEAT STRESS**

- Heat Stress; Respiratory Safety: The Breath of Life; Working In Confined Spaces 3-part film. 1990.
  - Part 1, <u>Heat Stress</u>, shows ways to combat heat stress, defines heat stress and show the symptoms, as well as how to protection yourself and others from its effects.
  - Part 2, <u>Respiratory Safety: The Breath of Life</u>, is an overview of respiratory safety and the hazards that effect our lungs both on the job, and at home. Gives the five rules for respiratory safety. Be alert to the hazard use your senses, be informed of the dangers, maintain proper ventilation, use a respirator and practice the buddy system.
    - Part 3, <u>Working in Confined Spaces</u>, defines confined spaces, gives examples and lists precautions. We face these dangers at home as well as at work and may be more aware of the dangers at work than at home.
- D48 Heat Stress: Staying Healthily, Working Safety More than 20 percent of heat stroke victims die regardless of their health or age. The video provides general safety instructions to anyone who works in a hot environment, whether that environment is indoors or outdoors. Covers the various types of heat stress, what their symptoms are, how the body operates in a hot environment, what workers can do to prevent heat stress from occurring and what measures to take if they recognize heat stress symptoms in themselves or a coworker. 14 minutes, 2008.
  - 63 <u>Personal Protection</u>, <u>Health Issues</u>, <u>Heat Stress</u> 3-part film, 18 minutes, 2000.
    - Part 1, <u>Personal Protection</u>, covers the use of PPE, the types and uses of each. Part 2, <u>Health Issues</u>, covers occupational health. This is not a new concept, as toxic materials have always effected the body, but we have ways of dealing with this in a much more effective way.
    - Part 3, <u>Heat Stress</u>, is not an uncommon situation when working in a hot environment. The film gives definitions of the most common and most serious problems occurring from heat stress and what to do to help yourself or another person.

# **HEXAVELENT CHROMIUM**

Hexavalent Chromium – This compound is in chromate pigments in dyes, paints, inks and plastics. It becomes a hazard during chrome plating, smelting of ferro chromium ore, fumes from welding stainless steel or nonferrous chromium alloys. It can be inhaled, ingested or come in contact with the skin, and can cause everything from skin problems to lung cancer. OSHA has very strict standards in the handling and exposure to this compound. Provides information in a short format. CD/ROM has classroom materials, including test questions and answers. 6½ minutes, 2007.

### **HOUSEKEEPING**

- Electrical Safety: Down to the Wire; Eye Care: About Eye Safety; Housekeeping: It's Everyone's Job 3-part film, 1991.
  - Part 1, <u>Electrical Safety: Down to the Wire</u>, gives a simple explanation of how electricity travels thru wires, explains short circuits and gives several simple rules for prevention of electrical problems.
  - Part 2, Eye Care: About Eye Safety, points out that 70,000 eye injuries are reported each year and that most of them could be prevented. Simple straightforward rules

are given to prevent injury.

Part 3, <u>Housekeeping</u>; <u>It's Everyone' Job</u>, shows that bad housekeeping leads to bad results, such as fires, accidents and even theft. Good housekeeping limits these hazards.

- Good Housekeeping This film points out that good housekeeping is key in limiting accidents and fire risks, and in improving efficiency and morale. Items that need attention include, but are not limited to, lighting, exhaust fans, and clear and clean walkways. 10 minutes. 1999.
  - 4 Preventing Slips, Trips and Falls; Off the Job Safety; Safe Material Handling 3-part film.
    - Part 1, <u>Preventing Slips Trips and Falls</u>, gives some reasons why people slip, trip and fall and some ways to prevent them and the resulting injuries. 11 minutes.
    - Part 2, Off the Job Safety, covers equipment maintenance, housekeeping and fire hazards at home. 12 minutes.
    - Part 3, <u>Safe Materials Handling</u>, shows how various materials are handled with both mechanical equipment and manually. Special requirements for safe materials handling are shown. 12 minutes.

# **LANDSCAPE**

- 104 <u>Landscape</u>; <u>Tree Trimming</u>; <u>Chainsaw</u> 3-part film, 1994.
  - Part 1, <u>Landscape</u>, itemizes safety considerations for different types of landscaping activities. Proper clothing, eye and ear protection and equipment maintenance are all stressed.
  - Part 2, <u>Tree Trimming</u>, points out some of the many hazards associated with tree trimming and how to perform this activity safely.
  - Part 3, <u>Chainsaw</u>, points out the many safety hazards involved in using a chainsaw. It is the most dangerous tool in use. One must follow the safety guidelines of the manufacturer and the employers, and common sense when using this tool.
- Lawn Mower Safety Grounds Keeping Rocks, damaged blades and tipping are all hazards when mowing. Appropriate dress, safety guards and ear and eye protection are all important tools to prevent injury. This film give rules for basic mower safety.

  6½ minutes.

### LEAD AWARENESS

Lead Awareness – Millions of tons of lead are used each year in manufacturing. Safety information is presented in a game show format which gives sources of lead and actions to keep lead out of your system. 10 minutes, 1997.

### LIFTING

- Lifting Injuries Analysis and Solutions Examines some hazardous manual lifting, analyzes risk and offers solutions to reduce injuries from lifting and associated costs. Offers formulas for figuring the maximum allowable weight to be lifted in all tasks. 17 minutes, 1970
- Making Healthy Choices; Safety Lifting and Carrying; Skin Care and Safety 3-part film, 45 minutes, 1991.
  - Part 1, <u>Making Healthy Choices</u>, points out that making the unhealthy choices in lifestyle can have a negative impact.
  - Part 2, Lifting and Carrying, shows how we can lift and carry objects without injury.

Part 3, <u>Skin Care and Safety</u>, points out that our skin is our largest organ and shows ways to prevent injury. Our skin is our first line of defense against the world around us.

PowerLift: Lifting Training That Works – Most of us have been trained to lift objects with the traditional bend your knees and keep your back straight techniques, but this doesn't work. This method forces us to overuse our knees and legs and our backs still end up bearing the brunt of the load. Dr. Michael Schaefer recognized the flaws of the conventional lifting technique and developed a safe, easy and stronger lifting position. Covered subjects are: the structure of the back and why back lifting can be so harmful, flaws of the traditional "squat lift" technique, cumulative injury and scar tissue, keeping the spine in a neutral position, basics of the wide stance PowerLift and the four lifts derived from the PowerLift concept: tipping load, tripod lift, golfer's bend and lean-bar lifting techniques, and adding strength and balance to a lift by bridging. 19 minutes, 1995.

<u>Proper Lifting</u> – Lifting incorrectly is a common cause of injury. This film shows the correct way to lift, without causing injury. 4 minutes, 1992.

Material Handling for Industry 2012- Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 22 minutes, 2010.

Safe Stacking and Storage; Shortcuts; Body Mechanics 3-part film

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Part 1, <u>Safe Stacking and Storage</u>, covers stacking and storage of materials so they won't cause damage or injuries. Goes through the four rules – build a safe load, observe proper clearances, consider the shape and consider the contents. 12 minutes, 1989.

Part 2, <u>Shortcuts</u>, covers the common shortcuts workers take, and the results of these shortcuts. 7 minutes, 1989.

Part 3, <u>Body Mechanics: Preventing Pain and Strain</u>, shows the best way to avoid muscle fatigue, proper bending, lifting, sitting and lifting, the benefits of exercise and toning muscles to prevent injury. Twenty-five percent of on the job injuries are the result of improper movement. 12 minutes, 1989.

Safety Refreshers – Safe Lifting – Most people don't pay attention to their backs until an injury occurs. We need to develop correct lifting habits to prevent injury. Lifting should be done with the strong muscles of the legs, not with your back. 12 minutes, 1993.

# **LOCKOUT - TAGOUT**

Lockout Procedure – Clear, lock, tag and try are a safety procedure which is essential whenever cleaning, maintaining or making adjustments on industrial equipment. The aim is to isolate all forms of energy from the area to be worked on, ensure that an accidental release of potentially hazardous energy does not occur and make certain that entry to a restricted area is tightly controlled. The main areas covered in this program are: planning, methods of lockout, the lockout sequence, the try and the return to operational status. Lockout can range from simple to very complex. A simple rule when considering any lockout operation is represented by the following checklist, which is

detailed in the program: When? Who? Where? What? How? With manual. 9 minutes, 2003.

- Lockout/Tagout Shows what can happen if procedures are not followed properly. Lockout/tagout is designed to prevent equipment start-up while it is being worked on and employees are in a dangerous position. Its purpose is to isolate all energy sources from the equipment. Gives details as to what needs to be done in different situations. 15½ minutes, 1989.
- Lock-out/Tag-out (complete training program) Created specifically to assist facilities in complying with the employee training requirements of OSHA's Lock-Out/Tag-Out regulations. Discusses the OSHA Lock-out/Tag-out Standard, including the Energy Control Plan. Uses environments familiar to employees working with both electric and hydraulic/pneumatic equipment and points out specifically where Lock-out/Tag-out procedures should be applied. Topics covered include: the regulation itself, energized machinery, lock-out/tag-out concepts, procedures and devices, electrical systems, hydraulic and pneumatic systems, and more. Upon request, an employee quiz, a comprehensive leader's guide and a training certificate. 22 minutes, 2009.
- <u>Lockout/Tagout (Control Hazardous Energy Sources)</u> Each organization must identify and have in writing all hazardous energy sources, must identify authorized and affected employees and must train and retrain those employees in lockout tag out procedures. The person performing the work must have control of the power flow. This informative film is short and to the point. Comes with a CD/ROM of written materials, including test questions and answers. 3 minutes, 2006.
- Lockout/Tagout for Affected Employees Geared to employees affected by lockout/tagout procedures rather than employees utilizing the procedures for maintenance. It teaches the employees the purpose behind locking and tagging out and explains the various types of locks and tags and their purposes. 7 minutes, 2008.
- Lockout/Tagout Making it Safe A simple maintenance task can become a life threatening activity when working on operational equipment and the equipment unexpectedly activates because someone who cannot see what you are doing turns it on, or because you accidentally activate it yourself. You could lean over to undo a bolt and lose a finger, an arm, or even your life. Isolation procedures, often call "Lockout/Tagout," are designed to prevent equipment from activating during maintenance and servicing. This production covers a range of issues including steps to effective lockout/tagout, group lockout/tagout, hidden and stored energy and multiple energy sources. 16 minutes, 2008.
- D17 OSHA's Lock-Out/Tag-Out Stresses the control of hazardous energy sources and that authorized and affected employees must be trained and retrained. Touches on the high points of lockout/tagout safety. Comes with CD-Rom of written materials, including test questions and answers. 5 minutes, 2009.

### MACHINE MAINTENANCE

Good Machine Maintenance Leads to Employee Safety Spanish only – Good machine maintenance prevents unnecessary and preventable injuries to the machine operator. Gives methods and techniques on applying controls of security to increase operator safety and enhance the protection of those in the immediate surrounding area. 18 minutes, 2004.

114

<u>The Truth About Magnesium Fires</u> – Covers dozens of fire fighting, fire prevention and inspection tips; and most common untruths and misunderstandings about magnesium and magnesium fires (includes written literature). 36 minutes, 1996.

### **MATERIALS HANDLING**

**D87** 

Material Handling for Industry 2012- Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 22 minutes, 2010.

D90

Warehouse Material Handling 2012- Unsafe material handling is the most common cause of work related injuries. These injuries can cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous material handling are commonly known as musculoskeletal disorders or MSD's. Any worker can be affected, yet MSD's can be prevented by assessing work handling, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Topics covered: Material handling injuries, MSD's, how your back works, it could happen to you interview, risk factors, case studies, and principles of safe material handling. 19 minutes, 2010.

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Preventing Slips, Trips and Falls, Off the Job Safety, Safe Material Handling 3-part film Part 1, Preventing Slips Trips and Falls, gives some reasons why people slip, trip and fall and some ways to prevent them and the resulting injuries. 11 minutes. Part 2, Off the Job Safety, covers equipment maintenance, housekeeping and fire hazards at home. 12 minutes.

Part 3, <u>Safe Materials Handling</u>, shows how various materials are handled with both mechanical equipment and manually and special requirements for safe materials handling are shown. 12 minutes.

# **MEATPACKING**

15

I Never Had An Accident On the Job in My Life – Lack of awareness is one of the main causes of accidents in the already dangerous meatpacking industry. Covers operations in the meat packing industry, the hazards of slips and falls, cutting, grinding wheel, lifting procedures and wrapping hazards. 16 minutes, 1970.

# **MEDICAL**

35

<u>Bloodborne Pathogens 2000</u> – This film stresses the infection and exposure control of workers to occupational exposure to Hepatitis B, Hepatitis C, HIV and other bloodborne pathogens. It goes through the government regulations and defines terms very clearly. 19 minutes, 2000.

D24

Introduction to Industrial Toxicology – English or Spanish. Terms, definitions and entranceways of toxins into the body are covered in this extensive video. The different types of hazards, hazard identification and exposure limits are explored, including the different types of TLV. Basic emergency response procedures are outlined as well as how to use emergency response guidebooks to identify and properly respond to

- chemical hazards. 15 minutes, 2009.
- Plain Talk about a Serious Problem...Silicosis Describes the disease process of silicosis and types of controls. This disease is caused by the inhalation of silica dust and is of great concern in the mining industry. 18 minutes, 1983.
- TB Respiratory Protection: Administrator's Review Tuberculosis is still present in the United States and health care workers are especially at risk, because of their increased exposure. Use of respirators is necessary to mitigate the danger. The NIOSH and OSHA standards are defined in simple clear terms. Annually, the administrator must do a risk assessment, select respirators that are NIOSH certified, write standard operating procedures, medically screen users, provide training, fit test the respirators, check maintenance of the respirators and do a program evaluation. Terms are well defined and types of respirators are shown. Loretta Swit hosts. 24 minutes, 1997.
- 25 <u>Universal Precautions/AIDS and Hepatitis</u> Geared toward dental workers, this film stresses the importance of using Personal Protective Equipment with all patients. It goes through the importance of washing hands often and what to do if you believe you may have been exposed. Receiving Hepatitis B vaccine is highly recommended and the possible early symptoms of HIV are given. 29 minutes, 1991.

### **MINE SAFETY**

- 147 <u>Explosives Underground Handling Explosives in Modern Mines (NOSH #211) Covers all the required steps for handling explosives.</u> 15 minutes, 2000.
- Hazards in Motion Even a guardian angel cannot protect a worker from himself when he is determined to behave stupidly. Communications underground in the dark is difficult, but not impossible with training. This tape covers underground mine safety and procedures. 34 minutes, 2001.
- Miner Mike Saves the Day! or Ground Support, It's Important (VC-956) Covers some of the shortfalls encountered in underground mining operations. 33 minutes, 2000.
- Plain Talk about a Serious Problem...Silicosis Describes the disease process of silicosis and types of controls. This disease is caused by the inhalation of silica dust and is of great concern in the mining industry. 18 minutes, 1983.
- Rock Falls Preventing Rock Fall Injuries in Underground Mines Methods of prevention of rock falls in different situations in the underground mining operation are illustrated. 20 minutes, 2000.

# **MULTI-PIECE WHEELS**

Multi-Piece Wheel Assemblies – Demonstrates break down of multi-piece wheels and the precautions needed in their disassembly/assembly. 17 minutes, 1998.

### **NURSING HOMES**

Nursing Homes: Hazards & Solutions – Nursing home workers lose two times the number of work hours due to injury as workers in other fields. A great number of these are due to lifting and transferring patients and to repetitive stress. Shows ways to prevent these injuries. Department of Labor – OSHA, 16 minutes, 1992

- <u>Facts About OSHA Inspections</u> Developed from OSHA's requirements and guidelines relating to inspections. Tells employers how to prepare for OSHA inspections. Covers regular inspections, imminent danger situations and the inspection process. 16 minutes.
- OSHA Recordkeeping and Insurance Paperwork Recognizes that recordkeeping is a dull job, but undeniably necessary. Defines events which are recordable and those that are not. Ideal for the person doing the recordkeeping and reporting. Comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2000.
- Protecting Workers: How OSHA Conducts Inspections How and why OSHA inspections are triggered is explained, as well as the type of inspections: imminent injury, fatalities, complaints and follow-up investigations. This film provides a step by step review of the process. 18 minutes.

# PERSONAL PROTECTIVE EQUIPMENT

- Foot Protection: Step Up To Safety Introduces employees to the importance of wearing safety shoes. 11 minutes, 1993.
- Personal Protection Equipment If you choose not to use personal protective equipment, your attitude may be the biggest hazard of all. If your employer requires it, wear it! That is the smart, professional thing to do. This brief film covers a wide variety of PPE. Comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2008.
- Personal Protection Equipment Every day, someone decides to give up their sight, hearing, fingers, toes or worse to save a few seconds of effort. Sure it can be inconvenient and uncomfortable, but proper use of personal protective equipment (PPE) is better than many unfortunate alternatives. Covers: head protection, eye and face protection, foot protection, respiratory protection and hearing protection. 18 minutes, 2008.
  - Personal Protection, Health Issues, Heat Stress 3-part film, 18 minutes, 2000.

    Part 1, Personal Protection, covers the use of personal protection equipment, types and uses.
    - Part 2, <u>Health Issues</u>, covers occupational health. This is not a new concept, as toxic materials have always effected the body, but we have ways of dealing with this in a much more effective way.
    - Part 3, <u>Heat Stress</u>, when working in a hot environment is common. The film gives definitions of the most common and most serious problems occurring from heat stress and what to do the help yourself or another person.
  - Personal Protective Equipment; Repetitive Motion Injury: Prevention Is In Your Hands; Disaster Preparedness: What To Do If It Happens 3-part film, 47 minutes, 1990.
    - Part 1, <u>PPE</u> Animals have naturally occurring PPE-humans do not. A wide vary of PPE is now available for every part of the body, but none of them work unless we use them.
    - Part 2, Repetitive Motion Injury Adjust the job to you, not you to the job. These injuries effect five million Americans yearly and can be prevented.
    - Part 3: <u>Disaster Preparedness</u> A natural or manmade disaster can strike at any time. We need to know what to do to protect ourselves and others.
- PPE Essentials Health and safety research indicates that failure of personnel to wear PPE, use PPE properly and use compatible PPE results in accidents and fatalities that cost organizations and the community more than \$1 billion per year. This high impact DVD will help ensure that personnel at your workplace wear their PPE and use it properly. 24 minutes, 2008.

- PPE: Reality in the Public Sector Personal Protective Equipment English and Spanish Trends come and go, but safety will not. All the time, every time, public sector employees must wear their PPE. They face a lot risks and must be prepared, otherwise, the results can only be tragic. A first-hand look at the consequences of not wearing PPE, through a worker's recounting of his accident. Stresses the importance of using protective equipment. Covers wearing the right PPE for the job, the importance of PPE, employer's and employee's responsibilities, care and maintenance and different types of PPE. 19 minutes, 2007.
  - Pre-Job Safety Checklist Introduces employees to a five-point checklist that includes personal protective equipment, work area safety, written safety information and pre-job equipment inspections. 9 minutes, 1993.

# **POLYURETHANE PAINTS**

Working Safely with Polyurethane Paints by Bayer – Covers the use of polyurethane paints in paint shops which do refinishing and repainting of autos. Details the paints, equipment used, the work area and the safe handling and disposal of the materials. 14 minutes, 1996.

### **POWER TOOLS**

- Fire Safety: Everyone's Job; Rules for Tool Safety; Horseplay is NO JOKE 3-part film, 38 minutes, 1991.
  - Part 1, <u>Fire Safety: Everyone's Job</u> Almost 5,000 people each year die in fires, and unsafe acts cause most fires. Shows how to recognize these acts and how to correct them. Provides a check list to prevent fires.
  - Part 2, <u>Rules for Tool Safety</u> Tools are used by all of us, everyday and we often don't use proper safety procedures. Lists safety rules: choose the right tool, inspect it, use it correctly, wear PPE when needed, keep your work area safe, and carry and store tools safely.
  - Part 3, <u>Horseplay is NO JOKE</u> Horseplay can kill. It causes thousands of injuries on the job each year, along with property damage and deaths.
- 29 <u>Portable Power Tools</u> Safety rules when using power tools is presented in a game show format. Covers PPE worn, checking out tool prior to usage, guards and shields. 10 minutes, 1997.
- Powder Actuated Tool Safety, Including Ramset Guns and Nail Guns If you use a powder actuated tool you must be sure that you use it safely and have the proper training. Hilti guns, ramset guns and nail guns are very useful but are potentially dangerous. Discusses safety procedures, the different types of equipment, hazards, types of loads and how to safely use a nail gun or powder actuated tool. Serves as an excellent safety training resource. 10 minutes, 2009.
- Powered Hand Tool Safety- From electric sanders to pneumatic jackhammers, powered hand tools are widely used across a huge range of industries. When operated improperly powered hand tools can inflict injuries from minor to life threatening. Topics covered: tool skills, PPE, pneumatic hand tolls, safety essentials, electric hand tools, and dangers of the work environment. 18 minutes, 2006.
- <u>Table Saw and Radial Saw Safety</u> Many industries use table and radial arm saws in their daily operations. This table saw safety video shows employees the importance of using their saws safely. Kick back, eye protection, hearing protection and machine guarding are discussed. Includes questions and answers. 5 minutes, 2009.

### **RADON**

Radon Free – Shows the effects of radon on the family, what it is, how to test for it and how to eliminate radon in the home. 32 minutes, 1989.

# **RECORDKEEPING**

- <u>Hazardous Material Sheets (MSDS)</u> These sheets provide information on the chemicals used in the workplace. Shows in detail what information can be found on the sheets and what it means. These sheets must be made available to anyone asking for the information. Comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2000.
- Manual Handling for Industry The New Approach Based on the information and techniques related to handling of manuals. Correct manual handling is vital to eliminate long-term health problems. 21 minutes, 2002.
- MSDS for Hazardous Communications Everyone comes in contact with hazardous materials at work and at home. These include any material that poses a health or physical risk from batteries to insect killers, soaps, detergents and cleaning supplies. This film covers MSDS for work place hazards, but points out that the home can also be a place of danger. Comes with a CD-ROM of written materials, including test questions and answers. 6 minutes, 2007.
- OSHA Recordkeeping and Insurance Paperwork This film recognizes that recordkeeping is a dull job, but undeniably necessary. It defines events which are recordable, and those that are not. It is ideal for the person doing the recordkeeping and reporting. Comes with a CD-ROM of written materials, including test questions and answers. 5 minutes, 2000.
- <u>Video Training Library</u> Knowing how to set up and maintain a well stocked training library provides is an asset to any organization and an ongoing benefit for all employees.

### RESPIRATORS

- Air Purifying Respirators Provides an overview of potential respiratory hazards in the workplace and when and how to use an air purifying respirator. 18 minutes, 1996.
- Animated Guide to Respiratory Protection This full-color animated video adds a light touch to the very serious topic of respiratory protection. Focuses on the importance of selecting the right respirator for different contaminants encountered in the workplace. It emphasizes the critical nature of proper use, fitting and maintenance of respirators. 13 minutes, 1995.
- Atmosphere Supplying Respirators Explains when and how to use atmosphere supplying respirators. 17 minutes, 1996.
- <u>Escape Respirators and SCSRs</u> Explains the different types of escape respirators, including self-contained self-rescuers (SCSRs), what they are intended for, how to use them and how to care for them. 24 minutes, 2008.
  - Hazardous Spill Cleanup and Respirator Protection 2-part film, 17 minutes, 1989.

    Part 1, Hazardous Spill Cleanup, covers the safe clean up of a hazardous material of any sort act quickly and use your head. Gives a detailed list of what should be done in case of a spill.
    - Part 2, <u>Respirator Protection</u>, covers the types and uses of respirators, what to use and how to use it.

- 42 <u>Heat Stress</u>; <u>Respiratory Safety: The Breath of Life</u>; <u>Working In Confined Spaces</u> 3-part film, 1990.
  - Part 1, <u>Heat Stress</u>, shows ways to combat heat stress, defines heat stress and show the symptoms, as well as how to protection yourself and others from its effects.
  - Part 2, <u>Respiratory Safety: The Breath of Life</u>, is an overview of respiratory safety and the hazards that effect our lungs both on the job, and at home. Gives the five rules for respiratory safety: be alert to the hazard use your senses, be informed of the dangers, maintain proper ventilation, use a respirator and practice the buddy system.
  - Part 3, <u>Working in Confined Spaces</u>, defines confined spaces, gives examples and lists precautions. We face these dangers at home as well as at work, and may be more aware of the dangers at work than at home.
- Respirator Care and Maintenance Designed to inform employees about the proper care and maintenance of air purifying respirators. 15 minutes, 1996.
- <u>Respiratory Devices</u> Provides an overview of respirators, including the need for respirators, the types of respirators available, the proper use of respirators and proper treatment of respirators, including washing and storage. 62 minutes, 2008.
- Page 135 Respiratory Responsibilities Details the program necessary to maintain the safe use of respirators in the workplace and gives step by step instruction. Comes with a CD-ROM of written materials, including test questions and answers. 5½ minutes, 2007.
  - <u>Respiratory Training</u> Covers in detail the four elements of respiratory protection: identifying air borne contaminates, identifying workplace hazards, selection of the proper respirator and training in the use of respirators. 11 minutes, 1994.

# **RISK ASSESSMENT**

- Understanding Safety at Work- The consequences of poor industrial safety practices can result in serious injury, increased absenteeism, sick days, and even death. An organization can minimize the risk of accidents and incidents occurring by implementing appropriate safe work procedures. Topics covered: risk assessment, housekeeping, hazardous substances, electrical hazards, PPE, noise, slips, trips and falls, confined spaces, fire, outdoor work, and material handling. 24 minutes. 2010.
- D93 Height Safety Essentials-The consequences of poor height safety practices can result in serious injuries and even death. Evan a fall from a small height can result in serious consequences, decrease productivity and increase cost. Height Safety Essentials provides a training resource to help educate and refresh personnel at all levels. Topics covered: height case studies, risk assessment, scaffolds, fall arrest systems, ladders, and elevated work platforms. 21 minutes, 2006.
- Risk Assessment for Industry A sound risk assessment strategy should be the cornerstone of any organization's safety policy. This program assists you with identifying hazards, assessing risks and controlling risks. (manual available) 16 minutes, 2004.
- Confined Space Entry: Investigation Two confined space accidents teach employees how to work safely in confined spaces and how they can prevent serious accidents from occurring. The investigation reveals what happened, what went wrong and how these accidents could have been prevented. This DVD covers what to do when things go wrong, four areas to investigate and surviving in a confined space. Offers **English**, **Spanish**, and **Portuguese** languages. 23 minutes, 2007.
- Job Safety Analysis (State of Illinois) The Job Safety Analysis form helps identify and control workplace hazards. It helps break each job down into steps, identify the hazards

in each step and eliminate or control each hazard identified. Use of the simple form can provide a straight forward way to correct potential problems before they occur. 10 minutes, 1996.

# SLIPS, TRIPS AND FALLS

98 Hand and Eye Safety 3-part film, 30 minutes, 1991.

**D86** 

Part 1, <u>Hand Safety</u> – Injured workers tell stories of how their injuries occurred and how it changed their lives. Points out common injuries and how they could have been prevented.

Part 2, <u>Eye Safety</u>, shows common eye injury causes and the need for personal protection equipment. It needs to be worn, clean, and the right kind. Ninety percent of reported eye injuries could be prevented by PPE.

Part 3, <u>Slips and Falls</u>, shows some common slip and fall hazards, all instigated by "Larry," your co-worker, and how they could have been prevented.

- Preventing Slips, Trips and Falls, Off the Job Safety, Safe Material Handling 3-part film Part 1, Preventing Slips Trips and Falls, covers reasons why people slip, trip and fall and some ways to prevent them and the resulting injuries. 11 minutes Part 2, Off the Job Safety, covers equipment maintenance, housekeeping and fire hazards at home. 12 minutes.
  - Part 3, <u>Safe Materials Handling</u>, various materials handling with both mechanical equipment and manually, and special requirements for safe materials handling are covered. 12 minutes.

Slips, Trips and Falls- Every year, thousands of people are involved in slip and trip accidents and falls from height at work. These incidents are the most common causes of workplace injuries, but are also amongst the most preventable. This program explores the range of factors that contribute to slips, trips and falls, while clearly defining the methods for controlling risks in the workplace. Slips, Trips & Falls is ideal for trainees and employees at all levels, reinforcing and encouraging a pro-active attitude towards safety. Topics covered are: causes of slips & trips, prevention of slips & trips, fall prevention, ladders & stepladders, and case study. 15 minutes. 2010.

# **STORAGE**

- Safety is Not an Option Hazards of Compressed Gases Covers the hazards inherent in the storage and use of compressed gas cylinders. Details the proper restraint and separation of cylinders the gases contained in these can be flammable, corrosive, explosive or even toxic. 8 minutes, 1985.
- Warehousing & Storage Safety Essentials- Working in the warehousing and storage industry presents a variety of hazards. Collisions between vehicles and pedestrians, MSD's injuries, and slips and trips are amongst the most common causes of time off work and lost productivity. This high impact, induction-style program discusses the range of safety issues in the workplace. It is ideal for personnel at all levels and focuses on the trainee's role in preventing incidents, and the fundamental methods for managing risks at work. Topics covered: workplace safety, traffic & pedestrians, forklifts, loading docks, fire safety, slips & trips, working at height, safe storage, and manual handling & ergonomics. 24 minutes. 2011.

D70

<u>Working with Stress</u> – NIOSH is committed to provide knowledge to overcome job stress that poses a threat to the well-being of workers and organizations. 17 minutes, 2003.

### FOR SUPERVISORS

- Behavioral Methods for Accident Prevention This illustrates a positive and pro-active approach to managing a safety and health program through employee involvement. 19 minutes, 1989.
- 105 Ergonomics for Supervisors Designed to instruct supervisors and team leaders regarding their general responsibilities in a company's ergonomic program. Covers: participating on an ergonomics team, understand the risk factors that can contribute to a cumulative trauma disorder (CTD), recognizing the early symptoms of CTDs modifying the workplace to minimize or eliminate the risk factors and the importance of communicating with employees at all times. 21 minutes, 1995.
- Goin' Through the Motions for Supervisors Covers repetitive motion injuries; primarily those to hands and fingers. Shows very clearly how the body reacts to RMIs, what the risk factors are and how to minimize the risk factors using simple terminology.

  13 minutes, 1989.
- 11 <u>Safety It's Your Responsibility</u> Supervisory responsibility and the need to assure that safety procedures are followed are stressed points. Based on U.S. Postal Service Operations. 19 minutes, 1987.

# **UTILITY SAFETY**

D52 Hazard Recognition for Utility Workers – English or Spanish. Learn to recognize the hazards through hazard scenarios specific to utility workers. Illustrates the three causes of incidents, the importance of correcting unsafe conditions and how to control hazardous energy to prevent incidents and injury. Responsibilities of supervisors and team leaders, responsibilities of employees and spotting unsafe conditions and practices are some of the subjects covered. 18 minutes, 2008.

# **VIOLENCE**

- Focus on Violence in the Workplace This tape gives examples of different types of violence in the workplace. With class materials and discussion guide. 12 minutes, 1994.
- OSHA Presents a briefing by the FBI on violence in the workplace A lecturer from Quantico (FBI) gives a definition of workplace violence and covers the types of individuals who might commit such acts. 37 minutes, 1988.
- 79 <u>Safety and Security</u> Teaches employees how to maintain a safe and secure environment, and how vital their efforts are in protecting themselves, their co-workers and the entire company from harm. 10 minutes, 1992.
- <u>Violence on the Job</u> Provides a better understanding of violence in the workplace, the effects of violence on safety and health and prevention of violence. 27 minutes, 2004.
- Watch Out for Assault: Staying Safe and Secure Illustrates how to be alert to many common threats to personal safety and shows how to watch out for trouble and remain safe. 13 minutes, 1993.

#### WALKWAY SAFETY

Walkway Safety: Watch Your Step – Written to help employees learn how to spot, prevent and remedy walkway hazards. 8 minutes, 1993.

# WELDING

- Hazards of Gas Welding Suggestions are given for procedures to minimize hazards and improve the quality of welding. 16 minutes,1985.
- Arc Welding This is an excellent training video, showing examples of different types of arc welding procedures, PPE needed, ventilation, screening, etc. 23 minutes, 1999
- Welding Safety Both arc and acetylene type welding procedures are covered.
   15 minutes, 1999.
- 107 <u>Hand/Power Tool Safety, Cutting Torch Safety, Welding Safety</u> Covers cutting torch and welding safety and emphasizes the use of glasses, gloves, sleeves, safety shoes and other personal protection equipment to prevent serious injury. 5 minutes, 2007.

### YOUTH

YOUTH RULES! Protecting the Working Teen – Each year, a large and inexperienced population of teenage workers enters the workforce for the first time. These vulnerable young people are often exposed to workplace hazards resulting in serious injury or death. Intended to assist employers in understanding their responsibility for providing a safe and healthful workplace for teenage workers and recognizing and eliminating workplace hazards. Parents of adolescents, school counselors, teachers and adolescent workers themselves can benefit from this video. 18 minutes.